



News & Notes

Music makers of all ages, levels, and instruments are welcome to join our **Monday Music Gathering** every other Monday evening in the high school classroom from 6:30-8:30 p.m. This month we'll meet Oct. 12 and 26. For more info, contact Lee Criscuolo.

The UU Women's Group meets on the third Monday of each month at 7:00 p.m. at a local restaurant. On October 19, join us at **Red Robin** at Cosner's Corner, 10109 Jefferson Davis Hwy., to chat, relax, eat, laugh, and share. No purchase necessary, no action items, and no reservation needed—just drop by! Newcomers are always especially welcome. Check us out on Facebook: <https://www.facebook.com/groups/303460327502/>.

The UU Men's Group meets each Tuesday evening at 7:00 p.m. at **Primavera Pizzeria & Grill**, 600 William Street. Newcomers are always welcome to join the group.

The Flower Group, which provides floral arrangements at the front of the Moncure Conway Hall for Sunday services, wishes to expand its resources of flowers and volunteers. If you can help, please contact Alane Callander.

The Insight Meditation Community of Fredericksburg meets on Thursdays in Dragonfly Yoga Studio (810 Caroline Street) at 7:00 p.m. for sitting and walking meditation, or Mindful Listening. Visit www.meditatefred.com for the schedule and details.

Getting an early start on your holiday shopping by ordering from **Amazon.com**? Visit www.uuffva.org first and click on the Amazon logo. The UUFF earns a percentage of every purchase that results from a click-through from our site!

Special Sunday Afternoon Speaker:

Kristin Beck

October 11 ■ 2:30 pm

Join the UUFF Social Justice Committee and the Fredericksburg Secular Humanists as we welcome guest speaker Kristin Beck on Sunday, October 11 at 2:30 p.m. Kristin, who came out as transgender in 2013, will give a talk entitled "A Bit About You, A Bit About Me, A Bit About Our Country."

Kristin, born Christopher Beck, is an author, activist and veteran who served for 20 years through 13 deployments as a U.S. Navy SEAL. In her military career, she distinguished herself with Special Operations Forces at SEAL Team One, SEAL Team Five, Naval Special Warfare Development Group (SEAL Team Six), and Headquarters, Special Operations Command. She received the Bronze Star with Valor, Purple Heart, Defense Meritorious Service Medal and many other awards. She retired in 2011 with the rank of Senior Chief and continued high-level security work for the U.S. government, including the Pentagon.

In 2013, Kristin appeared on CNN with Anderson Cooper and spoke about her life as a transgender person, beginning as a boy from a Christian family through her time as a SEAL. CNN later made a documentary about her journey, *Lady Valor: The Kristin Beck Story*.

Kristin offers services in consulting, full spectrum law enforcement training, motivational and informational speeches, innovation collaborations, art and other original works. In February 2015, Kristin registered as a candidate in the 2016 U.S. Congressional race in Maryland's 5th Congressional District.

—Jenny Bishop



Dinner and a Doc

FRIDAY, OCTOBER 23 ■ 6:30 PM

Two popular events will merge on Friday, October 23, when the Friendship Committee hosts a Potato Bar and Documentary Movie Night. Our last potato bar was a rousing success and the showing of the doc *Rappahannock* had a great turnout so we are combining the concepts into one eventful evening!

The Friendship Committee will provide the baked potatoes, light condiments and non-alcoholic beverages for this potato-y potluck. Bring the whole family, along with a favorite potato topping, side dish or dessert to round out the buffet, and/or your favorite beverage (alcohol is not discouraged).

After dinner, those who wish to can stay for the documentary, *America's Beach: The People of Hatteras Island*. The film (which is unrated) is "a documentary on the rich heritage, history and abundant natural resources of Cape Hatteras on the Outer Banks of North Carolina."

All ages are encouraged to attend. We won't be offering childcare at this event, but parents are welcome to bring (and keep an eye on) even the tiniest tots.

And since there's no better way to get to know each other, we'd like to extend a special invitation to those who are new among us.

Join us, and get better acquainted at this relaxed, casual get-together celebrating food, fun and fellowship.

Hope to see you there!

—Friendship Committee



Wondering Out Loud

Rev. Doug McCusker



This month I will be diving into the topic of Racial Justice from several perspectives. On October 13, the day before Columbus Day, we will explore *Imperialism* and how it continues to affect the world.

From an historical perspective, the Judeo-Christian roots of our Unitarian Universalist faith were shaped by imperialism. Reza Aslan in his book *Zealot* argues that Christianity as a messiah-based religion was essentially a response to Roman imperialism. He claims that Jesus of Nazareth was a revolutionary zealot who was crushed by the power of

the Empire. The real resurrection was not that Jesus literally rose from the dead, but that his followers ultimately subsumed the Roman Empire.

Imperialism is not one of those things that we talk about in history class as if it isn't relevant today. All you have to do is click onto your news feed or read the front page of the newspaper to see that it hasn't gone away. Racism and imperialism are inextricably linked. Immigration, global warming and world hunger are by-products of modern imperialism. Our nation's foreign policy is a continuation of the Western European colonialism that started in the 16th century.

Unless you've been hiding in a cave, you've undoubtedly seen photos and video images of Syrian refugees flooding Europe. The photo of the young boy washed up on the Turkish shore, with his little tennis shoes dangling from the

arms of the rescue worker, is almost too heart-wrenching to take. It reminds us of the humanity of those caught up in the ongoing power struggles that grip our world today. What is our response as members of this global community? What is our response to the injustices in our own country that have their roots in imperialism? How do we reconcile our lives with those who are suffering from the effects of imperialism?

There are no easy answers, and no quick fixes. The human saga is an unfolding story and we are active participants whether we realize it or not. So on Columbus Day, let us think deeply about what we are celebrating. Let us be aware of our connections to the conquistadors and the indigenous people; to the Roman legionnaires and the Jewish zealots; to the multinational corporations and the refugees; to the law enforcement officers and the dead unarmed black person.



President's Corner

Valerie Setzer

Following the September 20th UUFF service, our annual "UUFF Committee Fair" was held. Walking around and meeting those on our committees to discuss what they're all about is a good way to learn about the many ways our members and friends offer their skills and abilities to enrich our Fellowship. Committees are integral to getting the many necessary tasks accomplished that keep our spiritual community operating!

But know that these volunteers will tell you that it's a two-way street. Although we need our members and friends to serve in ways they desire by utilizing their many talents, those that do find that service is also an opportunity for personal growth and enjoyment. Some benefits of volunteering you may realize are: professional experience; discovering hidden talents that may change your view of your self-worth; an unintended payback that your investment in our reli-

gious community provides; physical and mental rewards gleaned when focusing on others that may improve moods and indirectly strengthen the immune system (helping others makes you feel good!); and meeting new people, making new friends, and feeling you're an important part of UUFF!

I encourage you to refer to the back of the Sunday service program for our committees, their chairpersons, and contact information. If you attended the September 20th service, you may have seen the "Volunteer Request Form," and if not, it's available in our building. If you're not already doing so, please consider sharing some of your time and abilities with us.

Additionally, the Board of Trustees sometimes creates a task force to address a particular need. Typically, a board member acts as a liaison to a pertinent committee for a small number of people to accomplish a necessary task. Two examples of this are the Stewardship Task Force and the Security Task Force. Jim Yeatts is the board liaison for the Stewardship Task Force, and in its first year, this task force has done extensive

research and outreach on stewardship. Now in their second year, the task force members are attending committee meetings to share what they've learned and solicit feedback.

Nora Wilson-Lesser is the board liaison for the Security Task Force to develop procedures that ensure necessary measures are implemented to make our building and congregation as safe as possible for any eventuality.

Our Board of Trustees recently held our annual "retreat" on a Sunday afternoon away from 25 Chalice Circle. At this retreat we spent time working on short and long-term goals, and brainstormed potential elements for our Board of Trustees "covenant."

Did you realize the Board of Trustees and the Council of Committees also meet jointly once per year? We will be doing that on Thursday, October 1. This gives all of us a chance to jointly communicate with one another and share ideas. If you're interested in learning more about what transpires at a Board of Trustees meeting, meetings are open, and approved minutes are available for the congregation to review.



REViews

CHRIS JOHNS, Director of Religious Education

I am so excited for the 2015-16 instructional year. We have so many new adventures ahead of us: new minister, new curricula, new chalices, new traditions to complement the old. It may be World Religions year, but with all the new children showing up in the halls, it is also a good time to take a look at the UU basics and explore UU faith formation and history. But first, a few housekeeping items:

PRE-SERVICE

- 1) Things can get a little hectic down the hall on Sunday mornings, so volunteers should arrive no later than 10:10 in order to check the classroom and make sure all materials are there. Which means...
- 2) Children should not be dropped off earlier than 10:20 to give our volunteers that set-up time. Which means...
- 3) If you are volunteering in a classroom and have a younger child with you, you should keep your child with you in your own classroom until drop off time. Which means...
- 4) I will help deliver your child to the appropriate class at the appropriate time.

POST-SERVICE

- 1) People will want to talk with you after the service and be social because you are a wonderful person. Which means...
- 2) Volunteers will be in the classroom to keep your child safe. Which means...
- 3) They can't leave to be social or go home or pick up their own child because they are keeping your child safe. Which means...
- 4) You should leave the main hall immediately after the service to sign out your child so you can take them back to the main hall with you and be social while showing off that adorable child. Which means...
- 5) Happier volunteers and children.

NEW GRADE LEVELS

You may have heard this but it bears repeating. The fifth graders will be joining the Middle School class to help balance out the numbers in the Elementary classroom. It was getting pretty crowded in there last year. And remember, the Elementary class meets in the Thoreau room, formerly the Middle School room. The Middle School class meets in the Board/Choir Room.

SAFETY

Parents, you'll need to sign your Nursery, Pre-K/K and Elementary students in and out. Middle and High Schoolers may sign themselves in. And remember, children may not be in classrooms without a grown-up before and/or after RE.

MY "OFFICE" HOURS

Okay, so we all know I don't really have office hours but for what it is worth, here is when you can find me:

Tuesdays-Fridays: 8:30-12:30 via email or phone. I'll be at my computer. Send coffee...

Saturdays: Catch me when you can. Texting is better than email during the day.

Sundays: At the UUFF from 9:30 - ???

Did you notice there is no Monday listed here? There's a reason for that. (It's my day off!)

FREAKISHLY IMPORTANT

If something comes up on a Sunday morning and you cannot teach your class or think you will be late for whatever reason, **do not email me!** I rarely get to look at email before heading to the Fellowship on Sunday mornings. If you need to let me know there is an issue, call or text me.

If you haven't registered your child, please do that. If you haven't signed up to volunteer in the classroom, please do that. If you don't want to work in the classroom, please talk to me.

See you down the hall!

Chris Johns

NEW ADULT RELIGIOUS EDUCATION COURSE THIS FALL!

Spirit in Practice

SUNDAYS, OCT. 18 TO DEC. 13 • 1:30-3:00 P.M.

Are you looking for ways to integrate regular spiritual practice with your Unitarian Universalist faith? Rev. Doug McCusker and David Boone will lead *Spirit in Practice* on Sundays from Oct. 18 to Dec. 13, 1:30-3:00 p.m.

This course is designed to help Unitarian Universalists develop regular disciplines of the spirit in practices that help them connect with the sacred ground of their being, however they understand it. The workshops will use "A Faith Stage Checklist" which emphasizes four "strands": 1) Spiritual Development, 2) Ethical Development, 3) UU Identity Development and 4) Faith Development.

Spiritual practices encourage individuals to take responsibility for their own spiritual development by spending time working on it, deliberating on its mean-

ing and how best to pursue it, seeking to understand the sacred through reading and the counsel of others, and seeking to have contact with the sacred through personal reflection and meditation.

Spirit in Practice will run Sunday afternoons for 8 weeks except for Nov. 29. We will start with a communal soup lunch at 1:00 p.m. as part of the new SoupRE Sunday program. You are highly encouraged, but not required, to come every Sunday to experience what it is like to engage in a spiritual discipline. Registration runs through Oct. 12, and is open to the first 16 people to register. Registration forms will be available in the church office and in the gathering hall after services. Please indicate if you require child care by Oct. 12.

-Adult RE Committee

SoupRE Sundays for the Soul

Introducing SoupRE Sundays for those hungry for UU faith development outside of Sunday morning worship and RE. Beginning on October 18 from 1:00-3:00 p.m., the Fellowship will be buzzing with the sounds and smells of multi-generational community. Soup and bread will be shared at 1:00 p.m., and at 1:30 p.m. faith development will be served.

We are still working out the details, but the plan is to have an Adult RE class, *Spirit in Practice*; Middle School sexuality education, *Our Whole Lives*; Youth Group; and Coming of Age all going on at the same time. Each week a different class will provide the soup for all to share. If you want to join, be sure to register for one of the programs. If it works out as "SoupRE" as we hope it will, we will repeat it in the winter.

-Rev. Doug McCusker



Spotlight on Stewardship

Kit Carver and I hope everyone had an opportunity to visit the Fall Committee Fair on Sunday, September 20. It was truly a visual tour of the many faces of stewardship within our UUFF community. We also hope you were able to find one or more areas of interest and signed up to participate in acts of stewardship.

Speaking of committees and opportunities, my wife Linda and I recently received a call from Curt Swinburne, Community Action Committee chair. Curt asked if we could represent the UUFF and be involved in an act of stewardship outside the walls of 25 Chalice Circle. Specifically, to serve a meal to the folks at Micah's Respite Home on Princess Anne Street.

The Respite Home provides short term shelter for a maximum of eight homeless ambulatory adults while they recover from accidents or medical related problems. The UUFF has been serving a Respite Home dinner on an occasional basis for some time. We are now doing it regularly and have been assigned the fourth Sunday of every month.

Linda and I did serve and share the meal. The experience left us with a greater understanding of our community and the special needs of some neighbors. I urge you

to contact Curt if you are interested in participating in this important and rewarding area of community stewardship.

The Stewardship Task Force will complete its committee visits this month. Together, we have identified many acts of stewardship and discussed how we might better recognize and celebrate those acts throughout the year.

Our committee visits have also touched on possible ways to improve or enhance how some committee duties are executed. These discussions will most likely lead to town hall meetings to fully review, discuss and formulate stewardship's changing and enhanced role within our UUFF community.

Rev. Doug's message on Sunday, October 18, "Blessed be the Stewards," will focus on acts of stewardship and highlight a particularly important area relating to our youth and religious education. There will also be a Stewardship Moment during the service on Sunday, October 25 to provide an update on the Stewardship Task Force's ongoing work.

As our journey continues, it becomes easier to recognize the many faces of stewardship.

*—Stewardship Task Force Contacts:
Jim Yeatts and Kit Carver*



UUFF GALLERY PRESENTS *Barbara Kenny*

SUNDAY, OCT. 4, 12:00-2:30

Join us after the October 4th Sunday service to celebrate the opening of an art exhibit featuring 30 new oil paintings by Barbara Kenny. A reception will be held from 12:00 to 2:30 p.m. in the foyer, with light refreshments. The public is invited to attend.

Barbara's art moves between impressionist and abstract, employing a vibrant palette of color and light to interpret the natural world. The exhibit will run through November 29.

Barbara and her spouse Tibby Middleton are former UUFF members, and we're excited for this chance to showcase Barbara's art and reconnect with our dear friends.

Weekday viewing of the art gallery can be made by appointment through the UUFF office or by contacting the Visual Arts Committee.

During December, the gallery will host a "Holiday Art Show" featuring the work of UUFF members and friends, including children. Work must be framed or artfully presented and submitted on Thursday, December 3 from 4:00-6:00 p.m. Work may be for sale or for exhibit only. A potluck reception for the holiday show will be held on December 6 following the Sunday service.

To keep up with the latest gallery news, follow us on Facebook at UUFF Gallery, on Twitter @UUFFGallery, and check out our website, complete with a list of future artists, at www.uuffgallery.wordpress.com.

—Visual Arts Committee



COMING SOON!

Ministerial "Start-Up" for Rev. Doug

The ministerial search committee has done its job, and Rev. Doug McCusker is here and beginning to settle into his new position! We're excited, but also a little nervous. We want this new relationship to go well. But how to make that happen? A Ministerial Start-up! What is a "start-up"? It is a part of the UU process for a new minister and the congregation to get to know one another, and is typically scheduled six to ten weeks after the minister arrives. The Friday night session focuses on congregational history, and is open to our entire UUFF congregation! Here are the details:

Location: UUFF, 25 Chalice Circle, Fredericksburg, VA 22405

Date/Time: Friday, October 30, 2015, 6:00-9:00 pm

Facilitator: Kathy McGowan, Congregational Life Staff, Southern Region of the UUA

Agenda: 6:00-6:45 p.m. POTLUCK Dinner (please bring a dish to share)

6:45-9:00 p.m. A short worship, followed by a warm-up activity, then congregational interaction to create a historical timeline of our UUFF

We hope to see you there!



COMMUNITY ACTION CORNER

Community Action has a lot of fun projects to get involved in while helping others in our community this season.

In December, we are serving dinner at St. George's Episcopal Church. The dates are December 21 and 28, the third and fourth Mondays starting at 4:00 p.m. These community dinners serve a variety of clients: the working poor, the unemployed, and the homeless. This is a great way to help the less fortunate people in our community.

Servers should arrive between 3:45 and 4:00 p.m. to help set up (use the side entrance). We need six volunteers for each night. We also need three people to make or purchase desserts each night. There will be an orientation at 4:00 for those who have not served there before. Please let Curt Swinburne know as soon as possible if and which night you can help.

St. George's is located at 905 Princess Anne St., Fredericksburg; phone 373-4133.



There are also opportunities to cook at the Respite Home in downtown Fredericksburg. This is a residential recovery program that serves homeless patients too ill to be on the streets. In addition, we'll be providing Thanksgiving baskets for families in need, and will be helping with Christmas projects for the residents of Hazel Hill. We need volunteers to help with all of these efforts, so please contact Curt if you'd like to participate in any way.

Don't forget to check out the Community Action page on the UUFF website!

—Curt Swinburne

SAVE THE DATE! Jim Scott Concert FRIDAY, OCTOBER 16

We've recently received short notice of an opportunity to have a concert at our UUFF by Jim Scott, UU composer, poet, performer and activist. Jim is a longtime member of the Paul Winter Consort, co-wrote their celebrated "Missa Gaia/Earth Mass," and sang their signature song "Common Ground." His eco-anthem, "A Song for the Earth," was recorded at the United Nations.



Jim has created an extensive body of work including PBS soundtracks, award-winning choral works and seven CDs of original music. As a longtime acquaintance of Pete Seeger, he's also performed a Pete Seeger songfest. He's taught courses at such prestigious schools as Oberlin College and been an Artist in Residence in many schools and universities.

In mid-October, Jim is working a tour that includes Norfolk's UU Church, and has offered to entertain us on Friday evening, October 16. A couple of our UUFF members are hoping to make this happen, and if we're able to put it together in time, we hope you will join us. So please save the date and more information will be forthcoming! Meanwhile, you may listen to Jim's music on YouTube: https://www.youtube.com/watch?v=ybA0_QoFloY.

—Valerie Setzer

Sunday Discussion Group



The Sunday Discussion Group meets after the service on most first and third Sundays from 12:00 to 1:00 p.m. in the Clara Barton board room. If you are not on the regular discussion group email distribution and wish to be informed of the meetings, please email Steve Brown. Visit our website at uuffva.org/home/congregational-life/interest-groups/sunday-discussion-group. All are welcome to participate or just sit in on discussions of interest.

Oct. 4: Can moral disputes be resolved?

Oct. 18: Solar energy's future: clean air or cleaned-out wallet?

—Steve Sanders



VEGETARIAN GROUP

Food Justice

Using a framework for understanding social problems, Dr. Eric Bonds, Assistant Professor of Sociology at UMW, will share his thoughts and lead a discussion of Food Justice. This is a movement that seeks to transform our current food system, including eliminating disparities and inequities in how food is grown, produced, transported, distributed, accessed and eaten. Among the inequities the movement focuses on are "food deserts" in low income areas, "globesity" linked to fast food rather than wholesome food choices, and the treatment of farm labor. We will explore whether a more plant-based diet, based on local foods that are affordably available, can be part of the solution to the social problems of food justice in the US.

Come join us on Saturday, October 3, 11:30-1:00 at the UUFF for the opportunity to have food for thought in addition to our famous "best meal in town" potluck lunch. Bring a vegan or vegetarian dish (gluten-free is appreciated) or small donation and build connections with our community (a majority of people attending the vegetarian group are not UUFF members). For additional information, contact Gloria Lloyd.

For more information on ethical eating and food justice, visit <http://www.uua.org/environment/eating>.

—Gloria Lloyd



More and more UUs are going meat-free.

Less Meat = Less Heat

Please join us: for the planet, for your health, for food justice, for the animals.

—from UU World

How a Planned Gift for the UUFF Legacy Giving Project Benefits You

Planned giving is about planning, it's about giving and it's also about receiving. All gifts to UUFF LGP provide the donor with personal satisfaction. But "planned gifts" can give the donor even more in return. Making a planned gift is a special way to support our liberal religious witness and mission because it allows you to donate assets, yet defer the time UUFF LGP actually receives them. And it's during that time in between when good things happen for you.

You can craft your estate plans to provide a significant, lasting contribution to our work as Unitarian Universalists. The best gift plans improve the donor's financial and tax situation, often right away. For example, life-income planned gifts allow you (and/or another beneficiary, if you wish) to receive a lifetime income from the investment of the assets you donate. Consider these advantages of various gift plans:

- Current income tax deduction
- Avoidance of long-term capital gains
- Increase in income and effective rate of return.

An added bonus of planned gifts is that they allow good things to happen for your heirs, as well. Without eroding

the estate, planned gifts often cut the taxes imposed on it. That's why gift planning is such a vital part of another process, estate planning.

We understand that your own financial needs and those of your family come first. And with planned giving options, everyone wins, because you provide for our needs later and we provide for your needs now. We encourage you to explore the possibilities and opportunities for creative gift planning. With your legal and tax advisors, you can create a plan that suits your personal circumstances and blends your philanthropic circumstances with your financial needs and tax planning.

Legacy giving is supported by contributions of cash, transfers of property, charitable bequests in wills, charitable remainder and other trusts, pooled income funds, charitable gift annuities, and assignments of life insurance and retirement plans, whether restricted or unrestricted. Please contact the Finance Committee for more information, and find the UUFF Legacy Giving pledge form and additional information in the entry hall. The UUFF Legacy Giving Project Endowment Document has been incorporated into the UUFF Policies & Procedures Manual.

—Craig Cherry

UU101 Class

UU101 is a class designed for newcomers to learn more about Unitarian Universalism and our Fellowship. Our next class will be held on **Saturday morning, October 17**, starting at **9:00 a.m.** and going until about noon. Prospective members, or folks who are just interested in knowing more about the UUFF, are encouraged to attend. If you think that you might be interested, please email Nancy Michael, the Office Administrator, at uuff@verizon.net.



Congratulations to **Kate Brown** and **Mike Dougherty**, who were married on Sept. 6 in Vermont. The couple moved to Montpelier this summer, and we wish them all the best in their new home, new jobs, and new life together.

Kudos to **Howard Heppe** and **George Solley**, who participated in UMW's *Dancing with the Fredericksburg Stars* on Sept. 26. The event raised funds for performing arts scholarships at the university.

ArtsBeat

And we're off and running. Both Adult Choir and UUth Choir sang well at the Water Service on September 13, performing "Wade in the Water" and "Looking-Glass River" respectively. Handchimes will premiere this season with "Kum Ba Yah" and "Siyahamba" on the first Sunday in October, and then Adult Choir will perform two newly purchased arrangements of "Bridge Over Troubled Water" and "Stand by Me" on the third Sunday. In November Adult Choir returns with "Happiness" from *You're a Good Man Charlie Brown* and "Happy" from *Despicable Me 2*.

Bernadette Jones is always looking for offertory musicians to perform on non-Kana Sundays. Please email her if you are interested in sharing your talents with the Fellowship.

The Music Committee continues its search for new members. If you're interested in helping to steer the musical ship at UUFF, please see myself, James Sperlazza, Bruce Callander, or any of our Music Committee members for more information. And as a reminder, all our musical groups are un-auditioned and open to the public. If you're interested in joining any of the ensembles, just show up for a rehearsal and start to share your gifts. Adult Choir rehearses 7:00 p.m. Tuesdays, Handchimes rehearses 7:15 p.m. Wednesdays, and UUth Choir meets on Sunday mornings after services.

In the arts about town, **Taylor Johns** stars as "Briar Rose" in the Riverside children's theater production of *Enchanted Sleeping Beauty*, and **Chris Johns** appears as Queen Samantha, the Prince's mother. The show opened on September 19, directed by Ms. **Keri Durrett**. *Sister Act*, also at Riverside, opened on September 12 with me

playing "Monsignor O'Hara." Check out both shows when you have a moment.

Morgan Johns was accepted into the elite Kennedy Center Ballet Master Class Series. She will take classes presented by teachers from internationally recognized ballet companies performing at the Kennedy Center this season. Way to go, Morgan!

Congratulations to **Bob McNichols**, who successfully auditioned for Castings, Stafford Regional Handbell Society's premier adult ensemble. Their next concert is December 14. Please support Bob in his new artistic endeavor.

Okay. That's it for now. See you around the Fellowship.

Namaste.

—Jason Michael, Music Director



OCTOBER CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				CoC Meeting 7 pm 1	2	Veg Group 11:30 am 3
Service 10:30 am 4 UUth Choir 11:45 am Art Show Opening 12:00 Sun. Discussion 12 noon	5	Adult Choir 7 pm 6 Men's Group 7 pm <i>Primavera</i>	Handchimes 7:15 pm 7	Board Meeting 7 pm 8 Great Books 7 pm	9	Knitting Circle 12 noon 10
Service 10:30 am 11 Sunday Services Comm. 12 noon Speaker Kristin Beck 2:30 pm	Community Action 7 pm 12 <i>Marriott</i> Music Gathering 6:30 pm	Friendship 7 pm 13 <i>Marriott</i> Adult Choir 7 pm Men's Group 7 pm <i>Primavera</i>	Handchimes 7:15 pm 14	Bldg & Grounds 3 pm 15 Membership 7 pm RE Comm. 7 pm	Drum Circle 7 pm 16 <i>Hugh Teller's</i> Jim Scott Concert TBD	UU101 9 am 17
Service 10:30 am 18 UUth Choir 11:45 am Social Justice 11:45 Sun. Discussion 12 noon SoupRE Sunday 1 pm Spirit in Practice 1:30 pm	Music Gathering 6:30 pm 19 Women's Group 7 pm <i>Red Robin</i> Finance 7:30 pm	Music Comm 6:30 20 Adult Choir 7 pm Men's Group 7 pm <i>Primavera</i>	Handchimes 7:15 pm 21	Great Books 7 pm 22 Membership Comm. 7 pm	Dinner & a Doc 6:30 pm 23	Knitting Circle 12 noon 24
Service 10:30 am 25 Cancer Club, 12 noon SoupRE Sunday 1 pm Spirit in Practice 1:30 pm Life Preservers, 3 pm <i>Pinschmidts'</i>	26	Adult Choir 7 pm 27 Men's Group 7 pm <i>Primavera</i>	Handchimes 7:15 pm 28	29	Ministerial Start-Up 6 pm 30	31 HALLOWEEN

Activities are held at the UUFF unless otherwise noted; all are subject to change. For contact info for individuals, see the UUFF Directory or call the office.

SUNDAY SERVICES 10:30 am

OCT. 4

Racial Justice – How Can We Not?

Rev. Doug McCusker

The status quo has been disturbed, an opening has been revealed. What will we do as concerned human beings to seize this opportunity to bend the arc of racial diversity toward justice? This year our Fellowship embarks on Racial Justice as our congregational social justice issue. Come explore the spiritual and life sustaining underpinnings of the struggle for racial justice.

Handchimes Choir performs.

OCT. 11

They Came Before Us

Rev. Doug McCusker

Thanks for the day off, Columbus! However, this Sunday we will celebrate the indigenous people who settled this land long before the arrival of the Europeans. Join us as we consider imperialism and how it is still manifested in our lives.

OCT. 18

Blessed Be the Stewards

Rev. Doug McCusker

Think about how many blessings of stewardship have been bestowed on us by people who took care of us and helped us grow. Now think about all the ways that you pay those blessings forward right here

in our Fellowship. Join us as we redefine “stewardship” and see how vital it is to everything we do at UUFF. We will recognize our RE teachers and send them forth with our blessings as they do the work of stewardship with our children and youth.

Adult Choir performs.

OCT. 25

I Am White and Why It Matters

Margaret Sequeira

“I don’t see color” is a phrase that one often hears from people, particularly liberal white people, in response to discussions of race and racism. There is a desire to believe that the color of one’s skin no longer matters and that racism and white privilege are relics of our past. Today we will explore what it means to be a white person today and why it matters.

Margaret recently moved to Richmond from the Outer Banks, where she served the UU congregation as their consulting minister. She has a Masters in Theology with an emphasis in ethics and social theory. She is currently in search for her next professional opportunity while continuing to blog at www.scatteredrevelations.net and guest preach. She is a candidate for UU ministry.

UNITARIAN UNIVERSALIST



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