



News & Notes

The UU Women's Group meets on Monday, June 16 at 7:00 p.m. at *Aladin*, the Mediterranean restaurant located at 27 S. Gateway Dr., off Rt. 17 North near I-95 Exit 133 (near Target). We'll meet throughout the summer, on July 21 at *Hard Times* at 314 Jeff Davis Hwy. (near the Fredericksburg side of the Falmouth Bridge), and on August 18 at *Miso* at 1305 Jeff Davis Hwy., across from the bus station. Newcomers are enthusiastically welcomed—make plans to join us!

The UU Men's Group meets each Tuesday evening at 7:00 p.m. at *Primavera Pizzeria & Grill*, 600 William Street. Newcomers are always welcome to join the group.

Music makers of all ages, levels, and instruments are welcome to join our **Monday Music Gathering**, which meets every other Monday in the high school classroom from 6:30-8:30 p.m. (June 2, 16 and 30). For more info, contact Lee Criscuolo.

Our Water Service will be held on September 7. Don't forget to save water from your summer travels and activities for this service of sharing.

The Insight Meditation Community of Fredericksburg meets on Thursdays in Dragonfly Yoga Studio (810 Caroline Street) at 7:00 p.m. for sitting and walking meditation, or Mindful Listening. Visit www.meditatefred.com for the schedule and details.

Keep thinking about the Fellowship as you make your summer purchases on **Amazon.com**. Visit www.uuffva.org and click on the Amazon logo there. The UUFF earns a percentage of every purchase that results from a click-through from our site.

This is the last newsletter of the Fellowship year. We'll take a summer break and start up again with the September issue (deadline August 23). Thanks to Ken Brown for editorial and proofing assistance, and to Nancy Cahill for copying and distribution.

UUFF Annual Year-End Picnic

Sunday, June 8 at 12:30 pm
New Old Location!



This year, our congregation will return to the country home of Ralph and Joyce Phipps for the annual UUFF picnic on **Sunday, June 8 at 12:30 p.m.** The picnic is a great way to end our Fellowship year, and is always a day of food, fun and friendship for the whole family.

Relax in the shade with a cool drink and a cup of Ralph's homemade ice cream. We'll get together our traditional volleyball game, or you can join in a friendly game of horseshoes. It's a great way to catch up with old UU friends, or connect with newcomers in a leisurely way.

The kids will enjoy swimming in the pool, swinging on the rope swing, sliding down the dirt hill, trying out the trampoline, and exploring the grounds in the lawn-mower-powered wagon train. So if you think your family needs a healthy dose of old-fashioned outdoor fun, the UUFF picnic is just the ticket!

Bring a picnic dish to share, and drinks for your family if you'd like (some soft drinks will be provided). A lawn chair or blanket to sit on is a must, and wear your bathing suit and bring a towel if you'd like to take a dip in the pool. There's plenty of shelter, so the picnic will be held rain or shine. Enjoy a fabulous day in the country in the company of old and new UU friends...it's well worth the drive!

A big thank you goes out to Patrick and Paula Neustatter, who have graciously hosted this event for the past five years. And thanks to Ralph and Joyce for taking over hosting duties once again.

Please contact the UUFF office for address and directions.

—Friendship Committee



FROM THE Minister's Desk

Rev. Walter Braman



*Always keep Ithaca fixed in your mind.
To arrive there is your ultimate goal.
But do not hurry the voyage at all.
It is better to let it last for long years;
and even to anchor at the isle when
you are old,
rich with all that you have gained
on the way,
not expecting that Ithaca will offer
you riches.*

—from “Ithaca” by C.P. Cavafy

Sometimes the end of things brings about the feeling of finality: end of a season, a school year, end of a project, finishing a book, or...the end of a church year. The end of this year could easily bring about that feeling of finality. After all, much has happened since July 1 that

has greatly affected nearly every facet of church life: changes in our music program, office, board, Sunday services, attendance and growth. It has been a full year.

And now it's over.

No, it is not.

As the summer approaches, we need to fight the temptation to close out the year, file it under “2014,” and move on to the next year unconnected to this year. Don't close out the year – take it with you. We need to do that.

We dedicated a large part of the year to the visioning process, spelling out our individual and collective dreams of the future of UUFF. This is a process we cannot do once, let go, and expect it to travel on by itself.

Keep the vision alive – don't stop dreaming, visioning, planning, and talking. As UUFF needs your pledges and your participation, the Fellowship also needs your dreams.

The Fellowship will be busy this summer. When I first joined a UU congregation, the church was closed during July and August, leading to the tired old joke that, in UU churches, God takes a vacation. I am happy to say those days are long gone.

Our Sunday services will continue with some excellent scheduling by the Sunday Services Committee and the work of the RE Committee.

The Ministerial Search Committee will be extremely busy, preparing for the search that will take place next year. Their work will be long and labor intensive and confidential. From time to time, offer support to the members—and thank them for their work.

Let's take what we learned this past year into next year and grow it further.

And, oh yes, do make time to enjoy!

Never stop dreaming.

Love to you all,
Walter

PRESIDENT'S CORNER



My Last Column

In my last column as UUFF president, I mainly want to thank you all for being so supportive for the past 15 months.

I'd also like to share with you a few things I've learned during this time.

I've learned a lot about the inner workings of the Fellowship. We are fortunate to have many people who donate so much of their time. And what a talented group it is! While we have sometimes disagreed on how to proceed, I have always felt that we were working toward the same end—the nurturing and growth of a caring and dynamic community.

I've been encouraged by how strongly members and friends have indicated a readiness to return to full-time ministry. I'm convinced that a full-time minister will enhance our community, and will

strengthen the work of the president, Board and committees.

I've also come to appreciate how we are part of a larger UU community. The Unitarian Universalist Association has a large staff waiting to advise us; I've called on them several times this year. Some of us have also met with other UU churches in our cluster to discuss common issues and we have benefited greatly from their experiences.

In the same vein, when traveling, my husband Steve and I often seek out the local UU church. It's fun to compare and see what we can learn from them, and to also consider what they might learn from us. Recently, for example, we participated in the flower communion of a UU church in North Carolina. We also took part in a San Francisco UU church's “Coming of Age” youth ceremony. They were both beautiful services, much like our own.

Several new members have told me that we're friendlier than other UU congregations. That said, I know each of us can do more to make newcomers feel

welcome in our community. Please make a point to introduce yourself to someone you don't know, possibly each Sunday, and then introduce them to others.

Even though my time as president is over, I have one more year of service on the Board. We have a wonderfully dedicated group of members on the Board who are open minded and want to hear your opinions. Please let us know how things are going.

Thanks once again for your opinions, advice, friendship and support. I was initially unsure about becoming president, as probably most previous presidents have been. I also don't mind telling you that on occasion, the experience may have cost me a wink or two of sleep. But I think it's been a fruitful year for the Fellowship, and an exceptional personal experience that I will always appreciate.

This is a remarkable community and I am extremely grateful for the Fellowship that we have. Many, many thanks to you all!

—Diane Elstein

RE Views

CHRIS JOHNS, Director of Religious Education

It is that time again. The RE Service is over. My kiddos did an awesome job as usual. And the year is winding down. All that's left to do is eat some ice cream, profusely thank my volunteers and close the book on the Old Testament curriculum. It's on to the New! No. Seriously. Next up in the RE rotation for the children is the New Testament...

But wait! I almost forgot. Something else is new this year. Shortly after the close of the instructional year, this Fellowship will be hosting an amazing Youth Con (short for conference) for high school age UUs from all over Virginia. How could I forget?

And for the first time since becoming the Director of Religious Education here at the UUFF, I am not looking at a summer off! I am not just walking away and saying, "hey, good luck with that." No, this year I have joined the ranks of other 12 month employees and will have the pleasure of being around all these great kids and seeing what summer at the Fellowship really looks like. I think it will really help bring continuity to this program as we continue to grow and smooth the transition from one instructional year to the next. And I get to teach a couple of drama classes, which you know I enjoy...

Looking ahead, the Religious Education Committee and I have our work cut out for us. Then again, don't we always? Parent/Volunteer Orientation, Adult OWL (oh yes. It's happening!), the next round of Coming of Age (get ready all you 8th and 9th graders!).

But we also have a challenge for you to consider as you sip your mock-tails at poolside – what can you do to contribute to the education of this congregation? And I am not just talking about the kids. I hear you. I hear that so many of you are longing for the opportunity to grow as UUs and as people of faith—whatever that looks like. But we all need to be proactive right now to really get this Adult program back on its feet. Is there something that you would like to teach us? Think on it, write up a proposal and submit it to this committee. Let us help you share your talents and your passions with your beloved community.

Well, that is it from me until September. I will see you when I see you. Do travel safely but mostly, enjoy this time to recharge and come back to us refreshed and ready for an exciting "new" year!

Happy Summer!

Chris Johns, DRE

SOCIAL JUSTICE NEWS



- Luis Yac, our newest UUFF member and next co-chair of the Social Justice Committee, is in Guatemala bringing supplies from craft sales, and collecting more crafts to offer for sale at UUFF on July 6, directly after the Sunday service.
- Our other next co-chair and new member, Jenny Bishop, has been instructing UUFF members in how to teach ESOL (English for speakers of other languages). The 8-session class starts at UUFF on June 10. If you know Virginians who would like to take the class, getting help with communication skills, contact Jenny.
- The next Social Justice meeting will

be in September, date and time to be announced later.

- Two Google groups have been set up for more effective communication, one dealing with Social Justice Committee news, and the other for other Virginia social justice news. If you would like to join these groups, contact Mandy Restivo-Walsh. Mandy will add names and delete them at individual request.
- The UU Legislative Ministry of Virginia has interest/volunteer forms for those interested. Our first issue, in-state tuition for DACA students, has been authorized by Attorney General Herring. For more information, contact Pat Smith.

—Pat Smith

Sunday Discussion Group



The Sunday Discussion Group meets after the service on most first, third, and fifth Sundays from 12:00-1:00 p.m. in the Clara Barton (Board) room. If you are not on the regular discussion group email distribution and wish to be informed of the meetings, please email Stew Engel. Visit our website at <http://uuffva.org/home/congregational-life/interest-groups/sunday-discussion-group>. All are welcome to participate or just sit in on discussions of interest.

The topics scheduled for the near future are:

- June 1** *Under what circumstances is it permissible to restrict immigration and/or emigration?*
- June 15** *Death penalty: a rule of law & order or a crime of passion?*
- June 29** *Is fracking worth the risks?*
- July 6** *When democracies act immorally or stupidly, are the people at fault? Why?*
- July 20** *Which things should, and should not, be commodified?*
- Aug. 3** *With 60% of the Federal budget being mandatory spending, where should we cut?*
- Aug. 17** *How should we stem overseas corporate tax avoidance relocations?*
- Aug. 31** *If kindergartners can program computers, why do colleges offer expensive 4-year computer science degrees?*

—Stew Engel

Sound Advice

Having trouble hearing the service? Assisted listening devices are now available for Sunday services. Please ask a greeter for more information.

Missed the service entirely? We are now making Sunday sermons and music available on our website. Visit <http://uuffva.org/home/ministry/sermons-and-presentations> and check it out.



HATS OFF TO OUR GRADUATES!



The Memorial Garden Is on the Move

Years ago, after my father's death, I went with my mother to Burgaw, North Carolina to look for tombstones of my mother's relatives. We did find those long-dead reminders of my mother's past. We talked a lot on that trip about her family. At the time I remember feeling uneasy that there was no such reminder of my father. Mother, doing the sensible thing at that time, had donated Daddy to medical science when he died.

Flash forward many years. I am now in my sixties and both of my husband Randy's parents and my own mother are gone. We did the sensible thing and donated their bodies to medical science. That feeling of uneasiness has increased over the years. It has become a sadness and a hole in my heart that there is no place where we can go to sit and remember. There is no place with their names—the metaphorical tombstone. How will they be remembered when we are gone?

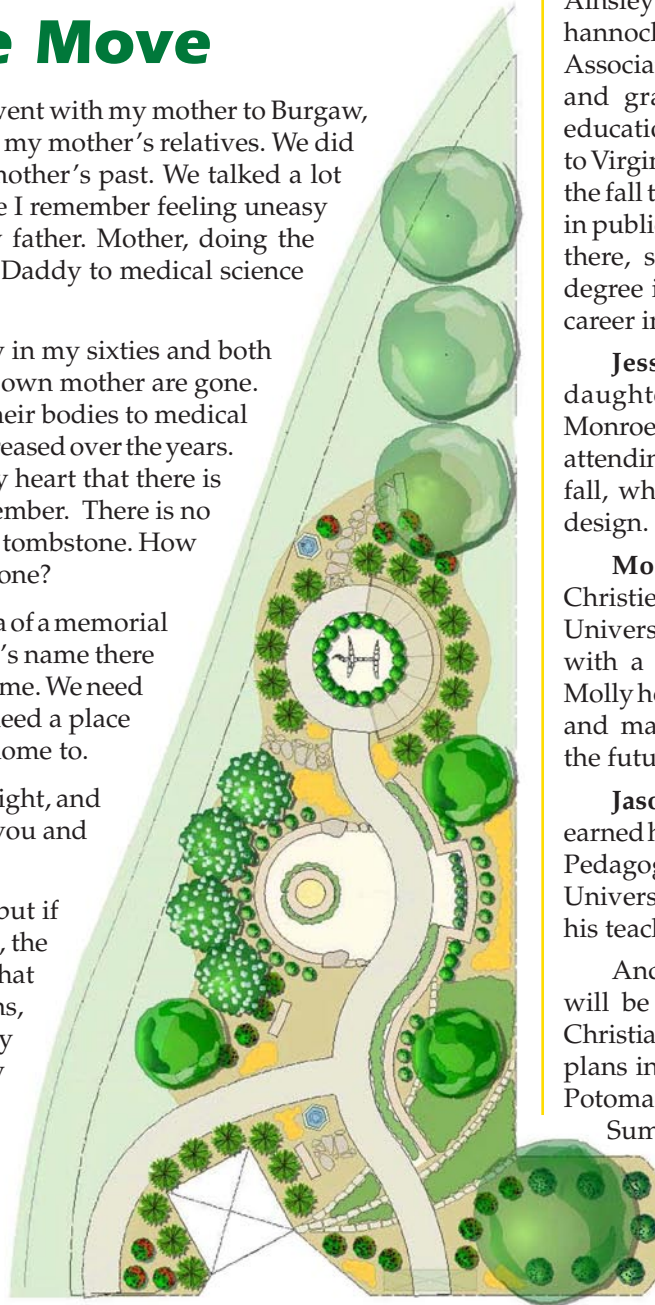
That is why I am so devoted to the idea of a memorial garden. I want my mother and my father's name there and in our turn, my name and Randy's name. We need a place where we are not forgotten. We need a place of peace and welcome, a place to come home to.

Look at the artist's rendering on the right, and think what such a place would mean to you and your children and grandchildren.

The entire plan is priced at \$67,000, but if we could just get the hardscape elements, the planting will come. We need \$30,000 for that and right now, with only a few donations, we have \$20,000. If you and your family think this is important and can give, now is the time. Checks can be made out to the UUFF with "Memorial Garden" written in big letters in the memo section.

Let's break ground this summer.

—Kit Carver



Ellie Brown, daughter of Steve and Ainsley Brown, graduated from Rappahannock Community College with an Associate of Arts and Sciences degree, and graduated from her homeschool education as well. She will be heading to Virginia Commonwealth University in the fall to complete her bachelor's degree in public relations and psychology. From there, she plans to pursue a master's degree in public health to prepare for a career in women's health.

Jessica Utz, Lynda Allen's eldest daughter, is graduating from James Monroe High School in June. She will be attending the University of Virginia in the fall, where she plans to study costume design.

Molly Pennington, daughter of Christie Pennington, graduated from the University of Mary Washington in May with a bachelor's degree in sociology. Molly hopes to work in human resources, and may pursue a graduate degree in the future.

Jason Michael, our Music Director, earned his Master of Fine Arts in Theater/Pedagogy from Virginia Commonwealth University in May. Jason hopes to further his teaching career in the theater arts.

And last, but not least, **Beatrice Park** will be graduating from the Dahlgren Christian Preschool on May 30. Her future plans include attending kindergarten at Potomac Elementary School in the fall.

Summer travel includes a week at Massanutten and a week at the beach. She'll be staying in the area. ☺

COMMUNITY ACTION CORNER

The Community Action Committee is again participating in **School Dressing Days**, which will take place in August. You can help by saving used school clothes over the summer and Community Action will collect them in August. They need gently used coats, jackets, sweatshirts, hoodies, etc. and also gently used shoes

appropriate for school for children in grades K-12. Donations of new jeans, shoes and underwear are also needed.

Also, if you want to volunteer over the summer, here's a great website where you can find a cause you are interested in: <http://www.volunteermatch.org>

—Curt Swinburne

COFFEE TALK



We're sorry to hear that **Nancy Cahill**, our office administrator, will be leaving us as of June 26 to move to Denver, Colorado. It's been a pleasure getting to know Nancy, and we wish her all the best on this next phase of life. (Spread the word about the vacancy, and please call Lisa Andretta if you know of anyone who might be interested in filling the position.)

ArtsBeat

The end of another season of wonderful music and worship is upon us. There are just a few weeks left until Music Committee Sunday and then we'll all be off on our summer holidays. Hooray! This year's Music Committee Sunday is animal themed or at least loosely so. Join us on June 8 for "The Circle of Life," a celebration of our animal friends, guides, and how we all live interconnected as part of one amazing whole. The Adult, UUth and Handchimes Choirs are working on standards such as "Under the Sea," "Imagine," "The Wind Beneath My Wings" and "Animal Crackers in My Soup" for your listening pleasure. Please join us for the "last hurrah" of the musical season at the UUFF.

This musical season has been one of great change and growth. We've said goodbye to old friends like Ralph Davis and Ron Wehman, and welcomed new spirits like Kana Zink and my son, John Adams, into our musical fellowship. We've had Celtic fiddlers and guest drummers, we've sung in German, we've had an extraordinary pageant, and grown all three musical ensembles. Through all the ups and downs, we've grown closer as a community of open-minded searchers who allow music to be a central tenet of

our worship experience. I thank the UUFF and you all for that and for the kind and generous way in which my entire family has been embraced by this Fellowship. You are our spiritual home.

In arts news about town, **Chris and Taylor Johns** are preparing to open *We the People* at Riverside Center on May 24 as part of their children's theatre season. *We the People* runs through July 19, 2014. Also, Riverside Center's production of *West Side Story* will open on June 14 and run through August 3, and was music directed by myself. And at the Lorton Workhouse, **Mary Anne Furey**, my wife's sister, plays Luisa in their mounting of the musical *The Fantasticks*, running now through June 1. We have many talented people in and around our congregation. Please consider supporting their efforts.

Adult Choir rehearses 7:00 p.m. Tuesdays, Handchimes rehearses 7:15 p.m. Wednesdays, and UUth Choir is on Sunday mornings at 11:45 a.m., but all three will be taking a summer hiatus shortly. That said, think about joining up in the fall; new faces of any ability are always welcome. Have a happy summer!

—Jason Michael, Music Director



New Curriculum Supports Ethical Eating

Two Unitarian Universalists, Diane Bassett and Jennifer Greene, have created a food-education curriculum designed to support the UUA's 2011 Statement of Conscience on ethical eating.

Titled "Demonstrating Our Values Through Eating," or DOVE, the curriculum has six sessions of one-and-a-half to two hours, which include discussions on food marketing, climate change, food-worker justice, nutrition, food insecurity, and other food-related topics.

Greene said the course can be used for group or individual study. It is not just for vegetarians, she noted. "It will be useful for people no matter where they are on the continuum of current food choices."

DOVE uses video, discussion, and supplementary materials to explore issues that affect us all: Why do some foods seem almost addictive? How can we fight global warming with our fork? What really happens to the workers and animals who produce our food, and what can we do to help?

Participants also get time in the kitchen, preparing delicious recipes that demonstrate values of health, justice, compassion and sustainability.

Visit dovecurriculum.blogspot.com for more information about this course.

—From UU web sources



Annual Meeting 2014

On Sunday, May 18, the membership of the UUFF met for the annual meeting. A quorum was established, and Kay Pollock was chosen as moderator. Minutes from last year's meeting, as well as reports from the minister, president and treasurer, were presented. The proposed FY 2015 operating budget was presented, discussed, amended, and approved.

The membership voted on the nominees for the Board of Trustees, the Nominating Committee, and the Ministerial Search Committee. New Board members beginning in July will be **George Solley, Nora Wilson-Lesser, and Jim Yeatts**. Next year's Nominating Committee will include **Ainsley Brown, Susan Calhoun-Sousie, and Sheila Clark**. The Ministerial Search Committee will consist of **Lisa Andretta, Gary Barnes, Maryann Brown, Steve Elstein, Gloria Lloyd, Angie Noll, Carmela Southers, and Randy Walther**.

We approved a number of changes to the bylaws, as well as the Social Justice Committee's recommended priority project for the coming year, immigration.

—Maryann Brown

FALL UU 101 CLASS

We will be holding a Fall UU 101 class on Saturday, October 18 from 9:00 a.m. to noon. If you desire to know more about the UUFF and Unitarian Universalism in general, please consider attending this class. Those completing the class will be eligible to sign the book and become members, although attending does not obligate anyone to do so. The class will include childcare with reservations, and will be limited to ten attendees. Reservations must be received no later than October 10.

Please mark your calendar and watch for more information in the September newsletter regarding the class.

—Anne Little



SUMMER SERVICES

ONE SERVICE AT 10:30 AM

JULY 6

Mental Fitness for Trauma, not Drama

Randy Walther & Kit Carver

If we can get physically fit for life, can we get mentally fit for the trauma that will be a part of our life? Kit and Randy will read excerpts from the book *The Ripple Effect: Stories from the Heart*, for which they were contributing authors. They will share how mental fitness works in their life.

JULY 13

Mindfulness Based Stress Reduction (MBSR)

John McLaughlin

Mindfulness is an intentional quality of mind that helps us pay close attention to whatever we are experiencing in the present moment, whether it is pleasant or unpleasant. It is a state of mental focus and clarity imbued with the qualities of curiosity, kindness and wisdom. Mindfulness allows us to uncover the often unconscious and unhelpful mental patterns that control our lives. MBSR is a scientifically proven curriculum utilizing the power of mindfulness to reduce stress in our lives. John is currently teaching this 8 week MBSR course and this talk will be an introduction to MBSR.

JULY 20

Memoirs

Members of the Memoirs Group will again present samples of their writings. This has traditionally been a very meaningful and popular service.

JULY 27

The Conversation Project

Janet Coleman & Patrick Neustatter

Too many people die in a way they would not choose, leaving their family members feeling guilty and uncertain. The Conversation Project encourages end-of-life discussion at the kitchen table, not the intensive care unit in the hospital. Come learn about this project and begin the conversation. Janet Coleman, LCSW, is a counselor on the Palliative Medicine Team at Mary Washington Hospital. Patrick is the Medical Director at the Lloyd F. Moss Free Clinic.

AUGUST 3

The Rules of Creation, Lynda Allen

The Rules of Creation is a new book by Lynda Allen, which she describes as a handbook for living life from the pure essence of divinity from which we each sprang. Lynda will share excerpts and insights from the book.

AUGUST 10

Humor, Shirley Kinney

Shirley, along with husband Tom, are active members of the UU Fellowship of the Rappahannock, located in White Stone, VA. Former UUF members Susan Calhoun-Sousie and Jackie Richards say that Shirley was one of their favorite Sunday morning speakers, and issue a special invitation to hear their friend. Watch the UUFF website for updated information about Shirley and her talk.

AUGUST 17

TBA, Sara Mackey

Sara lives in Richmond and currently works at Union Presbyterian Seminary, where she earned her M.Div. She has served the Williamsburg UUs as director of faith development, and she has volunteered in many capacities over the years at UU Community Church in Glen Allen. Check the website for breaking news!

AUGUST 24

Somebody Should Do Something

Janet Marshall Watkins

Janet is the Executive Director of the Rappahannock Area Court Appointed Special Advocates (CASA) program. She will talk about the issues that lead to child abuse and neglect, how children suffer and persevere, and how caring people can make a difference.

AUGUST 31

Becoming Happier: Easy as Pie?

Miriam Liss

Our happiness can be thought of as a pie. The biggest slice is determined by genetics. It is not dependent on circumstances as most people think, and changing those circumstances doesn't help achieve happiness. Miriam Liss, author of *Balancing the Big Stuff: Finding Happiness in Work, Family and Life*, will discuss the "hedonic treadmill" and intentional activities shown to improve happiness.



GREAT BOOKS

The Great Books discussion group has chosen its next anthology. "Even Deadlier," a sequel to "The Seven Deadly Sins Sampler," has 14 titles spread over 300 pages.

These 14 selections, 21 pages each, can help us better understand ourselves and our neighbors. Our notions of right and wrong are presented to us for comparison to the ideas of noted authors and fellow members. Two selections are reserved for each deadly sin.

PRIDE

1. Honore de Balzac's "La Grande Breteche"
2. Frances Hwang's "The Old Gentleman"

ENVY

3. Jim Shepard's "Krakatau"
4. Fay Weldon's "Weekend"

ANGER

5. John Cheever's "Torch Song"
6. Nadine Gordimer's "My First Two Women"

SLOTH

7. F. Scott Fitzgerald's "Babylon Revisited"
8. Dorothy Parker's "The Custard Heart"

GREED

9. W. Somerset Maugham's "A Woman of Fifty"
10. Rose Tremain's "My Wife Is a White Russian"

GLUTTONY

11. Italo Calvino's "Theft in a Pastry Shop"
12. Alison Lurie's "Fat People"

LUST

13. Aldous Huxley's "Nuns at Luncheon"
14. Pam Houston's "Cowboys Are My Weakness"

No special background is necessary. The cost is \$25, which includes shipping and sales tax. You can order this anthology from the foundation in Chicago at 1-800-222-5870 or online at www.greatbooks.org. The first session in the new anthology was April 24.

Our group meets the second and fourth Thursdays at 817 Caroline St. at 7:00 p.m. We skip Thanksgiving and the Christmas holiday, meeting only once in November and December. Future meetings at the UUFF remain a possibility. For questions, contact Ron Smith. We welcome new members at any time.

—Ron Smith

JUNE CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Service 10:30 am 1 UUth Choir 11:45 am Sun. Discussion 12 noon Earth Centered Comm. Circle 12 noon	Music Gathering 2 6:30 pm	Mood Support Group 10:30 am 3 Adult Choir 7 pm Men's Group 7 pm <i>Primavera</i>	Hand-chimes 4 7:15 pm	Council of Committees 5 7 pm	6	7
Service 10:30 am 8 UUFF Picnic 12:30 pm <i>Home of Ralph Phipps</i>	Sunday Services 9 Comm. 7 pm Community Action 7:30 pm <i>Marriott</i>	Friendship 10 6:30 pm <i>Marriott</i> Men's Group 7 pm <i>Primavera</i>	11	Board Meeting 12 7 pm Great Books 7 pm 817 Caroline St.	13	Knitting 14 Circle 12 noon
Service 10:30 am 15 Sun. Discussion 12 noon	Music Gathering 16 6:30 pm Women's Group 7 pm <i>Aladin</i> Finance 7:30 pm	Mood Support Group 10:30 am 17 Men's Group 7 pm <i>Primavera</i>	RE Comm. 18 6 pm Bldg. & Grounds 7 pm	Social Justice 19 Comm. Mtg. 6 pm	20	21
Service 10:30 am 22 Life Preservers 3 pm <i>Pinschmidts'</i>	23	Men's Group 24 7 pm <i>Primavera</i>	25	Membership 26 7 pm Great Books 7 pm 817 Caroline St.	Youth 27 Con begins	Knitting 28 Circle 12 noon
Service 10:30 am 29 Sun. Discussion 12 noon	Music Gathering 30 6:30 pm	<i>Activities are held at the UUFF unless otherwise noted. All are subject to change. For contact information for individual members, see the UUFF Directory or call the office.</i>				

SUNDAY SERVICES ONE SERVICE AT 10:30 AM

JUNE 1

Hope Springs Eternal: A Warning
Stuart Chapin
Thoughts on life and hope.

JUNE 8

**The Circle of Life: A Celebration of Animals as
Our Guides and Friends**

Jason Michael, Music Director, with UUFF Choirs

This Music Committee Sunday presentation will include poetry, memoirs, and readings written on the subject of animals, with hymns and performances by our Adult, UUth and Handchimes Choirs.

JUNE 15

Priam's Lesson
Rev. Walter Braman
A Father's Day thought.

JUNE 22

Summer Solstice Wheel Of Life

Craig Cherry and the Earth Centered Community Circle

Come join the celebration of the Wheel of Life, a ritual marking the points along life's journey, to give voice to the beginnings, transitions, accomplishments and losses of the past year, to put them in perspective of a lifetime of change, and to remember...

JUNE 29

Drama Con 2014

Chris Johns, DRE, and Drama Con participants

After a long weekend of community, theatre games and serious brainstorming, Chris Johns and UU high school participants from all over Virginia will present their original drama creations to our congregation.

UNITARIAN UNIVERSALIST FELLOWSHIP OF FREDERICKSBURG

25 Chalice Circle, Fredericksburg, VA 22405



The Unitarian Universalist Fellowship of Fredericksburg fosters a welcoming and intentionally diverse community of those who seek philosophical, spiritual, intellectual or religious growth in a forum of mutual respect. Affirming the principles of the Unitarian Universalist Association, we value social justice, respect the interdependence of all life and are united by a desire to make ethical decisions on issues of mutual concern.

Minister:

Rev. Walter Braman

Treasurer:

Ron Wasem

Religious Education:

Chris Johns

Newsletter Editor:

Maryann Brown

Office Administrator:

Nancy Cahill

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Valerie Setzer

Steve Slominski

Barry Waldman

Fellowship Email: uuff@verizon.net

Website: www.uuffva.org

OFFICE HOURS: Tues., Wed., Thurs., 9:00 am-3:00 pm

Summer hours will vary; please call ahead.

Announcement deadline: Wednesday at Noon

REV. BRAMAN'S OFFICE HOURS: Tues. & Thurs.,
9 am-3 pm until June 12. From June 13 through the end of
August, he will be available for emergencies only.

September Newsletter Deadline: SAT., AUG. 23, 4:00 pm

Sept. Publication Date: Aug. 27.

Submit articles to Maryann Brown.